



WHILE YOU WERE SMOKING...

He stepped up to the plate and knocked it right into left field. As he slid into home plate for the first homerun of the season, he turned to see you were not sitting in the stands.

Don't miss life's *winning* moments.

Enroll in the Quit For Life® Program, and don't miss another moment. It's free. It's confidential. It works.

1.888.275.1205 (select option 3) | **www.KansasHealthQuest.com**

The tobacco cessation program is provided at no cost to you and addresses all forms of tobacco.

Who is eligible to participate?

Benefits eligible state and non-state employees who are enrolled in the state employee health plan or who have waived coverage in the plan.

Retirees, spouses and dependents 18 years or older who enrolled in the state employee health plan.

